



# TOOLBOX TALK



## LADDER SAFETY EXTENSION LADDER SAFETY

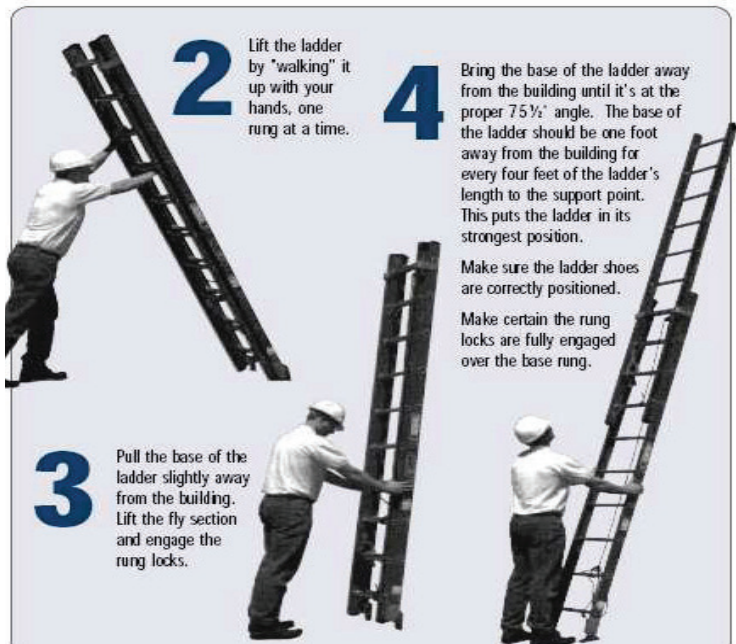
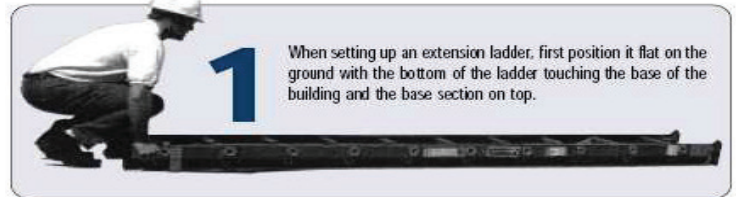
### DO

- Use the right ladder for the job. Ladder classification and capacity should be clearly labeled on the side rung of the ladder.
- Use only one extension ladder.
- Make sure weather conditions are suitable for working on the ladder.
- Look overhead before placing a ladder, with special attention to power lines and other electrical hazards.
- Use a ladder that is in-service and inspect all ladders for damage prior to use.
- Set up the ladder on the ground, floor or other level, stable surface and make sure it's properly footed and secure before climbing.
- Take your time climbing and always use the 3-point contact system when working.
- Face the ladder while ascending and descending.
- Use a belt designed for ladder work to carry tools or use a bucket to lift objects to the work area.
- Wear proper non-skid rubber footwear and watch for slip hazards. Make sure your shoes and rungs are as clean as possible.
- Use a barricade to keep traffic or activity away from the ladder.

### DON'T

- Do not use step ladders in place of extension ladder or stand above the highest "safe standing level" prescribed by the ladder's manufacturer.
- Do not take ladders apart or tie a ladder to the top of another.
- Do not use extension ladder in wind or other unsafe conditions.
- Do not use ladders that place you or the equipment less than 10 feet away from electrical lines.
- Do not assume the area above the ladder is clear of hazards.
- Do not use a ladder that is out of service.
- Do not use ladder on uneven ground.
- Do not hurry up a ladder or overreach beyond the side sills. Keep your hips inside the rails.

### RAISING EXTENSION LADDERS



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- Do not turn your back to the ladder at any time.
- Do not carry heavy objects or tools up the ladder or carry tools in hand.
- Do not climb a ladder in with slippery shoes or rungs.
- Do not leave the ladder unattended.

**DISCUSSION LEADER DUTIES:**

While suspended scaffolding is typically safe to use in wind gust speeds up to 25 MPH, follow the specific limit designated by the MEWP manufacturer.

**WHAT THIS TOOLBOX TALK COVERS:**

This Toolbox Talk covers several “Do” and “Don’ts” of using extension ladders.

**DISCUSSION NOTES:**

Discuss the various negative outcomes that would result from each example of “Don’t” and why it is important to “Do” the right thing.

**REVIEW QUESTIONS**

- 1. Mulch and soft soil can be used to level an extension ladder.
  - a) True
  - b) False:** A ladder must be placed on stable surface before being used to access another level.
- 2. Extension ladders can be tied together or separated when you need a longer or shorter ladder.
  - a) True
  - b) False:** Never tie together or separate extension ladders. Use these ladders as the came from the manufacturer.
- 3. An extension ladder can be used on a windy day if it is footed on a proper surface.
  - a) True
  - b) False:** Don’t use an extension ladder in wind or other unsafe conditions.

Talk Given By:	Date:
Company Name:	Location:
Printed Name	Signature

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